

THERMAL MUD TREATMENT PROCEDURES

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WHY THERMAL MUD AND VERMATE ARE USED TOGETHER?

Thermal Mud is applied externally, best results are obtained when used together with Vermate which is administered orally. Thermal Mud increases circulation to the affected area while Vermate addresses infection through the bloodstream. Vermate plays an important role in detoxing the body and improving the immune system. This ensures a healthy system that heals faster.

Important aspects to consider:

- The quicker the treatment after injury the better the results. Older wounds take longer to heal. The healing process can last anything from 2 weeks to 3 months.
- When treating sarcoids, the healing process will allow the body to push out the sarcoid. Increased blood flow will start to drain the area which may lead to bleeding or swelling of the sarcoid.

TAKE NOTE THAT THE SARCOID IS NOT GROWING, IT EXPANDS DUE TO INCREASED BLOOD FLOW. IT IS ON ITS WAY OUT. JUST CARRY ON WITH THE TREATMENT AT THIS POINT AND DON'T GET DISCOURAGED!!

- Old or infected wounds and sarcoids may start itching once the healing process is activated. If the animal starts to scratch or lick the area that leads to bleeding, don't get frightened. Bleeding is a good thing, it allows the body to drain toxins, infectious and cancerous cells. Once the area is cleaned out, the bleeding will stop. This is all part of the healing process.



ITCHING/MANGE/ALLERGIES IN PETS

1. Dilute **Thermal Mud** approximately 1:1 with water to ensure that the mud is easily absorbed through the hair and skin.
2. Apply to the whole affected area.
3. Leave it to dry. Brush dried mud out of the coat or rinse off.
4. Repeat the above steps twice per day. Improvement will be noticed in about 3 days and should be cleared within 10 days (depending on the severity of the case).



It is a messy treatment; we advise that you play with your dog outside while Thermal Mud is applied.

Note: It is crucial to give Vermate (10 ml-20 ml) per day as part of the treatment. The Vermate will assist in detoxing the animal and improve healing **FROM THE INSIDE OUT.**



SARCOIDS / GROWTHS IN PETS

1. If possible, remove scabs and dirt.
2. Apply **Thermal Mud** onto the growth, also rub it into the area around the growth and especially where it meets the healthy cells.
3. Before each application, remove all old Thermal Mud carefully from the growth. Repeat process 2 x per day.
4. If the growth is scabby and or flat, rub the Thermal Mud into it thoroughly.

Note:

When treating sarcoids, the healing process will allow the body to push out the sarcoid. The increased blood flow will start to drain the area which may lead to bleeding or swelling of the sarcoid.

TAKE NOTE THAT THE SARCOID IS NOT GROWING, IT EXPANDS DUE TO INCREASED BLOOD FLOW. IT IS ON ITS WAY OUT. JUST CARRY ON WITH THE TREATMENT AT THIS POINT AND DON'T GET DISCOURAGED!! ONCE THE WOUND IS DRAINED, THE GROWTH WILL EITHER SHRINK OR FALL OFF.



OPEN WOUNDS IN PETS

1. Pack **Thermal Mud** into the wound.
2. Apply 2 x per day. Before each application, **VERY IMPORTANT TO** Wash ALL the old mud out of the wound with clean water and apply new Thermal Mud. Allow the mud to dry on the wound before the next application (if possible, cover the wound with plastic wrap after applying the Mud).
3. The animal will lick the Thermal Mud so it is very important to give Vermate orally. After 3 days the animal won't lick the Mud off anymore if Vermate is given (10 to 20ml per day).
4. Clean wound 2 x per day and re-apply Mud. Let Mud dry and wash off.

Note: if there is already scar tissue present when starting with the Thermal Mud treatment, the scar tissue will rot away so don't panic when the wound smells bad. Wounds with scar tissue can be covered 2 x per day for no longer than 1 hour at a time.



SWEET ITCH / MANGE / ALLERGIES HORSES

1. With a brush or sponge, wash the area with clean running water.
2. Dry the area but make sure it is still damp for easier application.
3. Dilute **Thermal Mud** with enough water to be absorbed through the hair and skin. Apply to the whole affected area.
4. It's important to rub the Mud in lightly.
5. Leave it to dry.
6. Wash the dried mud off completely before each application.
7. Repeat the above steps twice per day. Improvement will be noticed in about 3 days and should be cleared within 10 days (depending on the severity of the case).

Note: It is crucial to give 30 ml-60 ml Vermate 2 x per day **with** the treatment. The Vermate will assist in detoxing the horse **and** ensure healing **FROM THE INSIDE OUT**.



INTENSE TRAINING (TO PREVENT LEG INJURIES) HORSES

1. After an intense training session or after a Show/ race/ intense workout. Hose the horse's legs and make sure the area is clean from sand, thorns, or any foreign objects.
2. Leave the legs damp for easier application.
3. **Thermal Mud** should be diluted enough to be absorbed through the hair and skin.
4. Apply it to the whole leg from above the knee/hock joint down to the coronary band above the hoof. Optional: Use cling wrap and cover the applied area from the knee/hock down. Take bandage fillers/cotton wool and cover each leg with a bandage.
5. **WARNING:** Please check the heat reaction after 5 min from applying cling wrap. The heat reaction can cause blistering so it's very important to check. If the heat is too severe, you can just leave the Thermal Mud on without covering.
(Keep covered for a couple of hours or overnight.)
6. After removing the bandages, hose the legs with cold water to remove all the dried Mud.

NOTE: PLEASE MAKE SURE YOU KNOW HOW TO BANDAGE PROPERLY AS INCORRECT BANDAGING CAN CAUSE A LOT OF DAMAGE.



GREASY HEEL/MUD FEVER

1. Wash the “scabs” and dirt off with clean water. You can trim the fetlock hairs surrounding the area.
2. Once the area is clean, dry it with a clean cloth/towel
3. Dilute the **Thermal Mud** about 1:1 with water for easy application and to be absorbed through the skin.
4. Apply the Thermal Mud to the whole affected area, making sure it goes into the grooves and folds of the skin. You can apply it to the surrounding area as well.
5. Repeat 2 x per day.
6. Improvement should be seen within a couple of days.

NOTE: In Some cases, the Mud Fever can be quite severe and spread up the legs. (See Photos below). Make sure the Thermal Mud gets rubbed into the skin. This is CRUCIAL. Apply Thermal Mud twice a day. The results below were achieved in 2 weeks' time. Please note that each case is different and may need more or less time to clear up.

It is always advisable that 30 ml of Vermate is given 2 x per day with the Thermal Mud Treatment, as the Vermate will ensure a detox and healing reaction from the inside out.

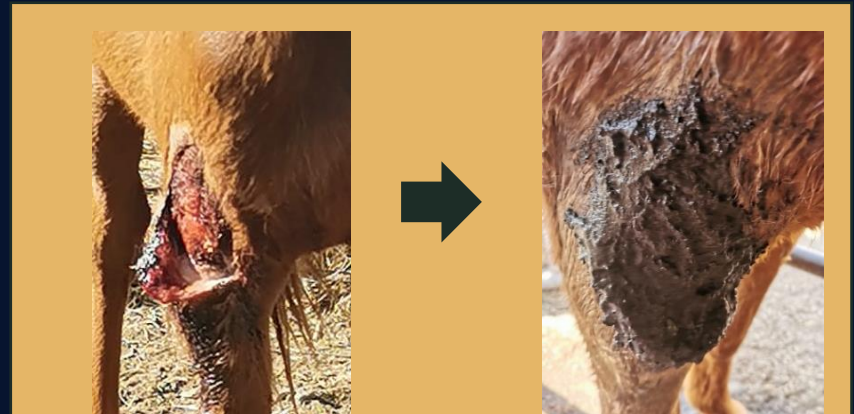


OPEN WOUNDS

1. Clean wound with water and 10% Hydrogen Peroxide (optional) if there is infection.
2. Dilute the mud with enough water that it sticks into the wound.
3. Pack the **Thermal Mud** into the wound.
4. Apply 2 x per day. VERY IMPORTANT TO wash ALL the old mud out of the wound before applying the new Thermal Mud.
5. For open wounds on lower limbs, cover the wound after Thermal mud has been applied with cling wrap, bandage inner, and bandage. Leave on FOR NOT LONGER than 1 hour at a time, and not more than ONCE a day.
6. Clean wound 2 x per day and reapply Mud, but only cover 1 x per day. Let Mud dry and wash off.

Note: if there is already proud flesh present when starting with the Thermal Mud treatment, the proud flesh will rot away so don't panic when the wound smells bad. Wash with 10% Hydrogen Peroxide before each new Mud application.

Wounds with proud flesh can be covered 2 x per day for no longer than 1 hour at a time.



SARCOIDS / GROWTHS

1. Wash the growth with 10% hydrogen peroxide and ensure its clear of all dried blood, scabs and dirt.
2. Apply **Thermal Mud** onto the growth, also rub it into the area around the growth and especially where it meets the healthy cells.
3. If possible, cover the growth with a plastic bag and tie with a cut elastic band.
4. Before each application, remove all old Thermal Mud carefully from the growth. Repeat process 2 x per day.
5. If the growth is scabby and or flat, rub the Thermal Mud into it thoroughly.

Note:

When treating sarcoids, the healing process will allow the body to push out the sarcoid. The blood flow will start to drain the area which may lead to bleeding or swelling of the sarcoid. **TAKE NOTE THAT THE SARCOID IS NOT GROWING, IT EXPANDS DUE TO INCREASED BLOOD FLOW. IT IS ON ITS WAY OUT. JUST CARRY ON WITH THE TREATMENT AT THIS POINT AND DON'T PANIC!! THIS IS PART OF THE HEALING PROCESS.**



SARCOIDS HEALING PROGRESSIVE PICS



MUSCLE MAINTENANCE

1. After strenuous workouts, wet areas where Thermal Mud is to be applied
2. Neck, back, lower back, hamstrings and/or shoulders
3. Dilute Thermal Mud 1:1 with water and apply onto the muscles
4. Note the heat reaction as Thermal mud works its magic by activating healing where muscles are taking strain.
5. Let Thermal Mud dry and brush out of coat or wash it off.
6. Notice how stiff muscles become more supple and horses are more relaxed and willing to work correctly.
7. Treat legs as per “Intense training” page.



PUFFY JOINTS/WINDGALLS/CAPPED HOCK

1. Wet area where Thermal Mud is going to be applied.
2. Dilute Thermal Mud 1:1 with water, or enough to be absorbed through the hair and skin.
3. Apply to Puffy Joints/Windgalls/Capped Hock.
4. Cover with cling wrap, bandage inner and bandage.
5. Check heat reaction after 5min. If too severe, do not cover it again. Leave open and apply Mud 2 x per day.
6. Let dry and wash off before the next application.
7. If the heat reaction is not too severe. Wrap legs again and leave overnight. (This is the most effective and quickest treatment to eliminate puffy joints, windgalls, and capped hock).



PHLEG LEG/LYMPHANGITIS

1. Wet area where **Thermal Mud** is to be applied.
2. Dilute with enough water to be absorbed through the hair and skin
3. Massage into the whole affected area.
4. It is best to leave uncovered, do not bandage.
5. 2 x per day, wash all the old mud off and reapply.
6. For best results, give a double dose of Vermate (30ml 2 x per day)

Note: Phleg leg is very difficult to treat or to get 100% recovery. But we do get some good results and bring relief to these animals.

Treatment is not always successful as there are many variables, the severity and time the problem has been present play a huge roll.



TENDON/LIGAMENT INJURIES

1. Wet area to be treated
2. Dilute **Thermal Mud** with enough water to penetrate hair and skin.
3. Apply a liberal amount to an injury.
4. Cover with cling wrap and CHECK HEAT REACTION after 5 min
5. If not too severe, cover with bandage inner and stable bandage overnight. (Blistering can occur if the heat reaction is too severe)
6. In the morning, wash off with running water and reapply the Thermal Mud.
7. Leave to dry and wash off. Bandage leg again for support without Thermal Mud.
8. In the evening, wet leg and apply Thermal Mud and cover for the night.
9. Repeat until the horse is sound.

Note: Treatment is most effective when started immediately after an injury has occurred. Recovery is 75 to 80% quicker than usual for injuries of this kind.

If older injuries are treated, recovery is also quicker than usual, but obviously not as quick.



MUSCLE INJURIES

1. Wet area to be treated
2. Dilute **Thermal Mud** with enough water to penetrate hair and skin.
3. Rub into the area of injured muscle, for example, Neck, shoulder, back, lower back, hamstrings etc.
4. Note the area heats up as the Thermal Mud works its magic by activating the body's natural healing mechanism.
5. Repeat 2 to 3 times per day.

Note: The Thermal reaction is due to the body's natural healing mechanism being activated. Increased blood circulation ensures oxygen and nutrients are transported to the injured area.



TYING-UP (MONDAY MORNING)

In the case of Tying-up, prevention is obviously much better than having to treat. This said, **Vermate** and **Thermal Mud** used together is the answer to both scenarios.

PREVENTION

1. Give 60ml Vermate 2 x per day the day before a race, or hard training session.
2. On the day of the race / hard training, give 60ml via syringe in the morning before the race.
3. Use Thermal Mud as per page 8 (Muscle Maintenance)
4. Give 60ml Vermate 2 x per day the day after.

TREATMENT

1. If the horse is already tying-up, give 200 - 400ml via syringe into the mouth.
2. Apply Thermal Mud all over the neck, back, lower back, and hamstrings.
3. If needed, give a second dose of 200ml Vermate.
4. If a horse is prone to tying-up, give 30-50ml Vermate 2 x per day for maintenance.



For further information please feel free to contact your local Agent or visit our website.



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